

**The Letters Page, The Sunday Post,
Speirs View, 50 High Craighall Road,
Glasgow G4 9UD**

Impact of injuries

I was delighted that Marion Scott wrote such an excellent article about the risk of damaging your pituitary gland after head injury.

This is a tragically under-recognised effect, and everyone needs to be aware. It happens just as often after head injury in adulthood, if not more, so none of us are safe!

The sooner the Scottish head injury guideline is updated, the better. We have set up a charity, the Christopher Lane Trust (christopherlanetrust.org.uk), in memory of our son. It is dedicated to supporting those who have difficulty in getting the tests they need.

Joanna Lane, Coulsdon